# CANADA 55+ GAMES, Quebec City, August 27– 30th 2024.

### What are the Canada 55+ Games?

National multi-sport event, held every two years, open to Canadians 55 years and over

## Who Organizes them?

Canadian Seniors' Games Association (CSGA)

<u>The Games</u>: take place over 3 or 4 days, allowing participants to socialize and meet other seniors from across Canada. Opening Ceremonies, Barbecues, cultural events, closing banquet featuring local talent are popular with participants.

<u>Team NWT:</u> To be eligible to join Team NWT, you need to become a member in NWT 55+ Games Association. Membership fee, currently \$10.00 per year (\$20.00 per cycle), is payable every second year, in the Games year. The Association maintains membership in CSGA, and Sport North.

### **Our Process:**

- 1. Expression of Interest: Complete and return your EOI form by January 15th. This allows time for planning and team selection procedures. It is still possible to join the team after this date, provided that there are spots available in your chosen event and age group.
- **2. Registration:** Official registration forms will be available for completion once participants' eligibility has been established.
- **3.** There is a registration fee per participant of \$172.46 including tax, which is paid at the time of registration. An extra team fee of \$300.00 is payable for Ice Hockey and Slo-Pitch, and \$150.00 per team for Curling. Golfing participants pay a fee of \$150.00 for green fees and power cart.

### **Travel and Accommodation:**

Team NWT's designated hotel is Hotel Universel. The cost will be \$177.31 per night including tax, single or double occupancy. The booking code will be sent to you along with the registration form once your eligibility is established. Information on campgrounds to be announced.

#### **EVENTS in 2024**: Choose 1 event

8-ball pool, Duckpin Bowling, Badminton, Contract and Duplicate bridge, Cribbage, Darts, Floor Shuffleboard, Golf, Ice Curling, Ice Hockey (men's and women's), Pickleball, Scrabble, Slo-Pitch, Swimming, Table Tennis, Tennis and Track & Field.

Bonus Events: 5k and 10K run - Participants may add these events if they wish

Quebec Demonstration Events: Baseball Poche (sandbag baseball)

**Personal Expenses:** Registration fee, travel, accommodation and food.

**Local Fund-raising** to offset some of these costs:

Contact your local representative for details on fund-raising opportunities in your community.

**Websites**: canada55plusgames.ca

NWT 55+ Games Association has a funding agreement with NWT Lotteries for which we are very grateful. This funding covers, among other things, the cost of team uniforms, pins, and a Team Meeting at Games. If funds permit a small travel subsidy may be paid.